



222 Shopping Center Road
Stevensville, MD 21666
410-604-1891 or 410-643-3425
www.yogaeast.biz

“HOLISTIC HEALTH FAIR”



DATE: SATURDAY, AUGUST 18, 2007

TIME: 11:00am-3:00 pm

Please join Yoga East and Kent Island Martial Arts as we host a unique day of peace-harmony and healing. We will offer a variety of complimentary services:

- WINX Live Radio: 12:00pm-2:00pm
- Live Music by Brent Law: 11:00am-3:00pm
- Book signing; Meet Anita Pathik Law, Author of “The Power of Our Way”: 11:00am-3:00pm
- Karate Demo; Kent Island Martial Arts: 11:30am-12:30pm
 - Gentle Yoga Demo; Yoga East: 12:30-1:00pm
 - Women’s Self-Defense; Sherman’s Martial Arts: 1:00pm-2:00pm
- Intuitive Readings; Christine Price: 2:00pm-3:00pm
 - Door Prizes And More!

Come prepared to get inspired, enjoy relaxation, peace of mind and experience the many gifts—Kent Island Martial Arts and Yoga East have to offer. Bring family, friends, neighbors or someone you just met!