



We the People - Co-Creating Inner Peace: An Invitation to Engage in a Conscious Dialogue™

**April 14 and April 21, 2006
7:00 – 8:30 PM EST**

Phone Number: 1-646-519-5800

Participant Access Code: 7210

Welcome to tonight's Power of Our Way Community's Conscious Dialogue™ Event. The purpose of this event is to share, expand, and connect in consciousness and intention. The format over the two evenings has been largely influenced by questions that have been submitted by community members over the last few months as well as the expertise and insights shared by our panel.

We will be inviting you to join us periodically throughout the dialogue to ask questions and offer comments.

To mute your line and reduce background noise for the recording, simply press *6. To un-mute your line, and join us in active dialogue, press *6 again.

In the event that your question is not answered during this month's Conscious Dialogue sessions, we have committed to answering all of your questions and they will be posted at <http://powerofourway.blogs.com>, in future newsletters, and/or upcoming Conscious Dialogues™.

If you have a strong desire to have your question immediately answered, please contact us at inspiration@powerofmyway.com and we will do our best to respond to your inquiry in a timely manner.

Towards the end of the handout, you will find information about each of our presenters for this month's Dialogue. Although some of us will be on both evenings, some of our guest experts will be joining us for only one of the two evenings. We will do our best to answer all of the questions listed in your handout, and hope you continue to join us for future Conscious Dialogues!

Only those who can see the invisible can do the impossible"

---Thomas Jefferson

We The People - Co-Creating Inner Peace[™] is a collaborative book, video, and educational program about a deep inner connection between all peoples. It is a story of an extraordinary spiritually guided journey and a project called **The Inner Peace Treaty**[™]. Alice Yeager, along with other contributors and participants acknowledged in the credits, share the co-creative story of this project at <http://www.americanhealingarts.org/innerpeacetreaty.html>.

The initiating Inner Peace March[™] and Inner Peace Treaty[™] ratifying event was held on June 21, 1998 in Annapolis, Maryland, U.S.A. Then, Annapolis Mayor Dean Johnson, and another one hundred participants, gathered in front of the Maryland State House for the first of many Inner Peace Treaty ratifying ceremonies.

Some of the ratifiers of the Inner Peace Treaty[™] include;

Former Annapolis Mayor Dean, Gordon Davidson and Corinne McLaughlin, from the Center for Visionary Leadership and authors of ***Spiritual Politics: Changing the World from the Inside out and Builders of the Dawn***, Former Governor Parris Glendening (who later offered a written version of an Inner Peace Treaty for Maryland), Mayor Ellen Moyer, Congressman Dennis Kucinich, *Conversations with God* author, Neale Donald Walsch, author and activist Rabbi Michael Lerner, Ambassador John McDonald from the Institute for Multi-Track Diplomacy, Chief Orville Looking Horse, musician and film maker, James Twyman, and representatives of numerous organizations have also ratified it including: The John Denver Memorial Peace Cloth, Prayer Vigil for the Earth, The World Peace Prayer Society, World Peace Flame (Life Foundation) and the World Peace and Prayer Day (Wolakota Foundation). Current signatures are approximated at over 1,000 people around the world.

Since its inception in 1994 as a seed thought, the Inner Peace Treaty[™] has been gently guided by unseen hands. For lasting peace to finally become a reality it is our individual responsibility to co-create peace within ourselves as seeds of peace in the world.

The main objectives of this month's Conscious Dialogues[™] are to:

- Learn about the original intention and vision of the Inner Peace Treaty[™]
- Explore how sharing the responsibility for co-creating peace begins first with ourselves

- Discover how, as leaders, our panelists encourage those in leadership roles to inspire others by coming from a place of peace inside themselves
- Create a collective awareness of our pathways to peace through agreements with our Creative Source
- Identify a variety of ways to the practice connecting with the Source of peace within ourselves
- Visit with our panel and learn how are they see themselves as role models for others in their families, with friends, in their communities, the nation and the world
- Invite participants to sign the Inner Peace Treaty™ as a next step in our collective healing and expansion in consciousness

Notes:

To Access the Inner Peace Treaty, see page 4 and/or visit:
<http://www.americanhealingarts.org/innerpeacetreaty.html>
and <http://www.americanhealingarts.org/PeaceTreaty.PDF>

An Invitation:

If you feel called to sign the Inner Peace Treaty, please sign the treaty on the following page and mail to

AHAA Inc.
Peace Point
3157 Rolling Road
Edgewater, Maryland, 21037

The Inner Peace Treaty™

"With this treaty I agree to reconnect with the highest aspects of my being. Toward greater harmony and peace from within, I acknowledge and release all unforgiveness I have created. I choose to be at peace with the process of my life as an unfolding journey toward greater love and joy. I honor and hold this Truth as Self-evident."

Signature

Date:

Print Name:

Questions from Our Community:

Jeff from Eureka, California asked: What methods have you found most effective for connecting with inner guidance?

Kerri from Brisbane, Australia asked: I have a challenge getting quiet, what is the most effective strategy to create peace & quiet in your own space?

Me'chele from Florida asked: Raising Consciousness and Building Bridges of Higher Understanding is the key to changing the state of the world. Where do we start? It all seems very overwhelming when you contemplate the enormity of the project.

Linda from Cary Illinois asked: How do we better teach/show others how to raise their own vibrations rather than worry about others? In other words, work on themselves and by association, making the world a better place rather than trying to 'improve' or 'change' others or 'make' others change.

Todd from Brisbane Australia asked: Change on a collective level is often slow - at a snail's pace. How do you realistically maintain and sustain your individual consciousness to accommodate the evolutionary nature of change with the passion generated by teleconferences such as these?

Mark from Stanton, California asked, "Does what we think about and hope for every minute of every day have any effect on our world around us?"

Do we (then) create everything that we experience?

Why do we (people/humans) have such closed minds about new ideas?

Kerri from Sparks Maryland asked: How do we connect this way in ordinary circumstances?

How do you go about 'Raising Consciousness...Within the Collective Consciousness' and what suggestions do you have to inspire this collective into action for positive change?

Michelle from Barbados also asked: Can you suggest a way to launch a nationwide program?

Tom B. from Maryland stated: Currently leading a group of representatives of Faith Communities in dealing with root causes of injustice in local communities. Question is 'What are different ways to go from 'raising consciousness' to creating 'action and change'?

Fernando from Pennsylvania says he is: Interested in New Thought regarding skillful means for breaking through patterns of indifference (apathy, scarcity, helplessness) and destruction (toxic habits, managerial capitalism, corp/individual greed, unconscious drives for efficiency) so prevalent today.

Alice from Edgewater, Maryland asked: Have you ever experienced peace as a Presence?

Have you ever had a direct experience of Oneness?

How can we each co-create interconnected experiences of peace, love and joy on a daily basis?

Cynthia from Denver asked: What role does the dimension of time play in working toward these goals? If we strive to live in the 'present,' how do we relate to building these bridges - are we thinking in the future, in the present or in some timeless state of being?

Mark S. from Decatur, Illinois asked: What is a key action we take to inspire communities to come together in common, purposeful action?

Jerry from Detroit asked: What is the first thing you do in the morning and the last thing you do at night, which you feel is beneficial in raising consciousness?

John Yardley from Centerville, Utah asked, "How can I identify absolute truth?"

Judy P. from Portland, Oregon asked: Is raising consciousness about changing your mind or improving your body health?

Meet the Peace Panel

Anita Pathik Law, CEO, Dare Dreamers, LLC, Founder, Power of My Way and Self Management Coaching, Certified Franklin Covey Coach, Master Self Management Coach, Author, Facilitator, Lyricist, Retreat Leader

Soul Purpose: To Raise Consciousness and Build Bridges of Higher Understanding

Life Mission: To Move Individuals and Organizations Out of Thought and Into Action

Passions: Writing, Coaching Leaders, Soulful Entrepreneurs and Lightworkers, Facilitating, Collaborating, Music, Cats, Laughing, Deep Dialogue, Inspiring Awareness and Assisting Others in Living Their Passions, Creating Sacred Space, Co-creating music with my husband.

To learn more about Anita's work visit www.thepowerofmywaymovie.com, www.powerofmyway.com, www.powerofourway.com, www.dare-dreamers.com, www.executivemasterminds.com, www.awakeningtopurpose.com and <http://powerofourway.blogs.com>



Alice Yeager, President, American Healing Arts Alliance Inc, and Spirit Creative Services Inc.

Alice is the visionary behind the Inner Peace Treaty™ and an accomplished professional speaker, trainer, subtle energy hands healer, multi-sensory intuitive, life coach, mentor, writer, illustrator and fine artist. Alice is founder and president of Spirit Creative Services, Inc., a wellness consulting, publishing and creative services company. She is also founder and president of the American Healing Arts Alliance Inc., a non-profit educational alliance of healing arts and science organizations, professionals and supportive individuals. Through her work, and her dedication to the Inner Peace Project, Alice encourages each person to access and develop their own inner peacebuilding, intuitive, creative and healing abilities. Visit Alice at



americanhealingarts.org, spiritcreativeservices.com, and <http://www.americanhealingarts.org/innerpeacetreaty.html>.

Soul Purpose: To be the fullest expression of Spirit to create and to serve God as a seed of peace

Life Mission: To co-create awareness of inner peace with others through the Inner Peace Treaty™ as a collective thought form project. To spread seeds of inner peace throughout the world with the Peace Pulse™ wave of Love and Light. To be a Peace Nouvella™ teacher of "a new peace scripted in the heart co-authored with God" as the Presence of Peace's messenger.

Passions: Inspiring others to be seeds of peace as reawakened from within.

Learn more about Alice's work at www.spiritcreativeservices.com and www.americanhealingarts.org



Ambassador John McDonald

Ambassador John W. McDonald is a lawyer, diplomat, former international civil servant, development expert and peacebuilder, concerned about world social, economic and ethnic problems. He spent twenty years of his career in Western Europe and the Middle East and worked for sixteen years on United Nations economic and social affairs. He is currently Chairman and co-founder of the Institute for Multi-Track Diplomacy, in Washington D.C., which focuses on national and inter-national ethnic conflicts. In February, 1992, he was named Distinguished Visiting

Professor at George Mason University's Institute for Conflict Analysis and Resolution, in Fairfax, Virginia.

McDonald retired from the Foreign Service in 1987, after 40 years as a diplomat. In 1987-88, he became a Professor of Law at The George Washington University Law School in Washington, D.C. He was Senior Advisor to George Mason University's Center for Conflict Analysis and Resolution and taught and lectured at the Foreign Service Institute and the Center for the Study of Foreign Affairs. From December, 1988, to January, 1992, McDonald was President of the Iowa Peace Institute in Grinnell, Iowa and was a Professor of Political Science at Grinnell College.

In 1983, Ambassador McDonald joined the State Department's newly formed Center for the Study of Foreign Affairs as its Coordinator for Multilateral

Affairs, and lectured and organized symposia on the art of negotiation, multilateral diplomacy and international organizations. He has written or edited eight books on negotiation and conflict resolution.

From 1978-83, he carried out a wide variety of assignments for the State Department in the area of multilateral diplomacy. He was President of the INTELSAT World Conference called to draft a treaty on privileges and immunities; leader of the U.S. Delegation to the UN World Conference on Technical Cooperation Among Developing Countries, in Buenos Aires in 1978; Secretary General of the 27th Colombo Plan Ministerial Meeting; head of the U.S. Delegation which negotiated a UN Treaty Against the Taking of Hostages; U.S. Coordinator for the UN Decade on Drinking Water and Sanitation; head of the U.S. Delegation to UNIDO III in New Delhi in 1980; Chairman of the Federal Inter-Agency Committee for the UN's International Year of Disabled Persons, 1981; U.S. Coordinator and head of the U.S. Delegation for the UN's World Assembly on Aging, in Vienna, in 1982.

From 1947-1974, Ambassador McDonald held various State Department assignments in Berlin, Frankfurt, Bonn, Paris, Washington D.C., Ankara, Tehran, Karachi, and Cairo and from 1974-78, he was Deputy Director General of the International Labor Organization (ILO) in Geneva, Switzerland, a UN Agency.

Ambassador McDonald holds both a B.A. and a J.D. degree from the University of Illinois, and graduated from the National War College in 1967. He was appointed Ambassador twice by President Carter and twice by President Reagan to represent the United States at various UN World Conferences.



CORINNE MCLAUGHLIN

Corinne McLaughlin is Executive Director of The Center for Visionary Leadership, based in the Washington D.C. and San Francisco Bay areas, and is co-author of Spiritual Politics and Builders of the Dawn. She is also the co-founder of Sirius, an ecological village in Massachusetts, and is a Fellow of The

World Business Academy. Corinne coordinated a national task force for President Clinton's Council on Sustainable Development and taught politics at American University. She has lectured around the U.S. and Europe for over 25 years. Corrine can be reached at: The Center for

Visionary Leadership: 415-472-2540; corinnemc@visionarylead.org.
www.visionarylead.org

**Deborah Moldow, Director of the World Peace Prayer Society,
Interfaith Minister**

Soul Purpose: to be of service to the highest good

Life Mission: My mission as a minister is to help bring individuals into alignment with their unique spiritual path. My mission in my work is to help bring organizations into alignment as an effective common force for a culture of peace for our planet and all who share it.



To learn more about Deborah's work, please visit The **World Peace Prayer Society**, a nonprofit, non-sectarian, member-supported organization dedicated to spreading the message and prayer *May Peace Prevail on Earth* all over the world. Learn more about the society at <http://www.worldpeace.org>.

Deborah also facilitates cooperation circles with The **United Religions Initiative** (URI) at the United Nations. URI was founded in 2000 by an extraordinary global community committed to promoting enduring, daily interfaith cooperation and to ending religiously motivated violence. Today the URI includes thousands of members in over 50 countries representing more than 100 religions, spiritual expressions, and indigenous traditions. URI is a global community with spiritual heart. Members from diverse backgrounds pioneer interfaith dialogue and peace-building skills. Its core organizational principles include inclusive membership, self-organizing initiatives and decentralized governance. Together, we are designing an effective communications and knowledge sharing network and exchanging best practices for local, regional and global organizing. We are deepening friendships and fostering solidarity. URI believes that people everywhere, when inspired to cooperate for the common good, will find solutions to end religiously motivated hate and violence and will create initiatives that build cultures of peace, justice and healing. <http://www.uri.org>

On behalf of the "Peace Panel" for this month's [Conscious Dialogue](#), we honor you for choosing to spend time with us this week. It is our hope that you walk away with a deeper understanding of how you can have a positive impact in your own lives and therefore in the lives of others. The ripple effect we create through our thoughts and actions does have the potential to change humanity. As a collective joined in intention and action we are much more powerful than any one of us is on our own. It is the Truth of our ONENESS; our divine connection to all living beings, that when lived out in conscious intention can and will change the world!

Namasté, Anita Pathik Law, Author, [*The Power of Our Way, A Path to a Collective Consciousness*](#)

What is a Conscious Dialogue?

Written by: Anita Pathik Law, CFCC

What exactly is a "**Conscious Dialogue**?" Consciousness, simply defined, is our current state or level of awareness, thinking, and believing. We adopt beliefs, states of consciousness, thoughts, and varying levels of understanding about how we function and operate in the world.

Our intention, awareness, belief, and the energy we emit on a conscious level all possess the potential for negative and positive impact. I believe that the key to creating higher consciousness lies in the questions we ask ourselves, the level of curiosity and inquiry we are willing to live in, and in our abilities to discern truth for ourselves without discounting truth for others.

It is often a challenging journey--this quest for truth--so challenging in fact that we may only uncover one layer at a time and often are guided by unconscious forces to explore the relationships and connections with ourselves, our higher power, and others—the paths to joining a collective consciousness that serves the highest good of all.

So, for example, when I am fully conscious to the fact that my energy, intentions, attitudes, actions, and words can influence people in both a positive or negative way; in other words, I am aware that I impact others, I can choose the impact I want to have and then remain conscious and aware of the words I am using, the tone of my voice, my facial expressions, and the energy I am emitting.

To dialogue is to engage in a conversation with two or more people that sparks an exchange of thoughts and ideas. **A true dialogue is collaborative and synergistic, as opposed to one sided or highly defined by a need to prove another person's opinion or point of view as "wrong" or "incorrect according to my point of view."**

When we engage in a [*Conscious Dialogue*](#), we are more present, curious, and interested in all contributions to the conversation. On a fundamental level, we want to deeply understand the other person and what they are expressing. When we enter into this space there is a natural fascination and curiosity that sets the tone for the dialogue. There is a layering effect that often occurs where the conversation is continually added to or enhanced by adding ideas or concepts in such a way that each layer enhances the exchange. It is not about winning, losing or proving a point, but rather listening, understanding, and embracing one another's truth without blame, criticism, judgment, or a desire to change another person's mind.

[*Conscious Dialogues*](#), therefore, in my opinion, tend to delve into deeper, more soul level conversations. People express their truth as they understand it and are often more open to challenging their own beliefs as they broaden their consciousness through dialogue. Because a sacred space has been created for authentic sharing, people feel a sense of safety, acceptance and love, thus creating the conditions for expansion. When we engage in conscious dialogues we greatly enhance our ability to explore the gray areas that exist within our consciousness. There is less polarization, less "right and

wrong”, “right or left”, “either/or thinking”. We express great respect for diverse opinions, philosophies and concepts and therefore enhance our level of honest sharing.

When engaged in [*Conscious Dialogue*](#), we connect to the soul and move beyond the personality. We explore the heart and the mind. We experience one another’s essence; the quality or nature of a person that makes them ***who they are***.

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Anita Pathik Law works with businesses, communities and partners to build the skills and conditions to engage in Conscious Dialogues™, thus expanding the magnificent potential that exists for collaboration, commitment and unity.

To arrange for Anita to visit with your group, congregation or business, please contact Karen Shannon at kashannon@comcast.net or call **410-627-6293 or 410-349-8044**.